

TVCCA CAFE MENU

SEPTEMBER 2023




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><u>TVCCA Senior Nutrition Program</u></p> <p>Please sign up for meals 48 hours in advance.</p> <p>Kitchen: (860)450-2100</p>				<p>1</p> <p><u>Labor Day Holiday</u> Program closed</p>
<p>4</p> <p><u>Labor Day Holiday</u> Program closed</p>	<p>5</p> <p>Cheese Omelet Home Fries Peas & Pearl Onions Mixed Fruit Cup</p>	<p>6</p> <p><u>BirthDay Celebration</u> French Style Chicken w/ Wine Sauce Garlic Mashed Potatoes Green & Yellow Squash Birthday Treat Orange Juice</p>	<p>7</p> <p>American Chop Suey Waxed Beans Carrot Coins Applesauce Cup</p>	<p>8</p> <p>Salisbury Steak w/gravy Egg Noodles Broccoli Fresh Fruit Or: Salad Choice: Classic Egg Salad</p>
<p>11</p> <p>Beef Hot Dog w/ Bun Baked Beans Mixed Vegetables Medley Tropical Fruit Cup</p>	<p>12</p> <p><u>Ethnic Celebration</u> Pork Stir-Fry Jasmine Rice Asian Vegetable Blend Sweet Treat Grape Juice</p>	<p>13</p> <p>Vegetarian Lasagna Diced Carrots Lima Beans Fresh Orange</p>	<p>14</p> <p>Pineapple Glazed Ham Glazed Sweet Potatoes Squash Mix w/ Carrots & String Beans Diced Pears</p>	<p>15</p> <p>Country Style Chicken Parsley Steamed Potatoes Corn w/ Peppers & Onions Mixed Fruit Cup Or: Salad Choice: Tuscan Beef Salad</p>
<p>18</p> <p>Chicken Primavera Lemon Parmesan Pasta Green & Yellow Squash Sweet Treat Apple Juice</p>	<p>19</p> <p>Cheese Manicotti w/ Marinara Green Beans Carrot Coins Fresh Orange</p>	<p>20</p> <p>Chicken Fried Beef Steak Buttermilk Mashed Potatoes Broccoli Diced Peaches</p>	<p>21</p> <p>Crispy Cod Macaroni & Cheese Zucchini, Peas, & Carrots Mixed Fruit Cup</p>	<p>22</p> <p>Western Omelet Home Fries Squash Mix w/ Carrots & String Beans Tropical Fruit Cup Or: Salad Choice: Rhode Island Seafood Salad</p>
<p>25</p> <p>Monti Cristo: Egg Patty, Turkey Sausage, American Cheese, & French Toast Sweet Potato Tater Tots Corn w/ Peppers & Onions</p>	<p>26</p> <p>Pub Burger w/ Bun Herb Roasted Potatoes Mixed Vegetables Medley Pineapple Tidbits</p>	<p>27</p> <p>Stuffed Chicken Kiev Roasted Garlic Rice Soybean Succotash Mandarin Oranges</p>	<p>28</p> <p>Swedish Meatballs Pasta Shells w/ Herbs Green & Waxed Beans Tropical Fruit Cup</p>	<p>29</p> <p>Whole Grain Fish Sticks Tater Tots Broccoli, Peppers, & Mushrooms Sweet Treat Grape Juice Or: Salad Choice: Chef Salad</p>